

Critical Incident Policy



St John's College, Cardiff

CRITICAL INCIDENT POLICY

This policy applies to all sections of the School:

Sixth Form, Senior School, Junior School,
Infant School & Nursery.

Version: September 2024

Introduction

This document outlines the purpose, nature and operational management of the Critical Incident Plan for St John's College, Cardiff.

The handling of a crisis is a normal part of school life, but some incidents are of a critical, more overwhelming nature, and sadly in recent years, incidents previously deemed unthinkable, have occurred in schools in the UK.

This policy is our School's contingency plan designed to provide a framework for handling a critical incident. The formulation of this policy is intended to clearly define the roles, responsibilities and procedures to follow, for School staff dealing with such an incident. Each critical incident is unique, and it is not possible to plan for every eventuality, but similarly each critical incident can be shocking and disorientating so a prepared procedure is essential to ensure that the School's reaction is effective and efficient.

The details contained within this document will form the basis of the School's approach to such a crisis.

The Critical Incident Management Team (CIMT)

A Critical Incident Management Team will comprise of the following staff:

- Headteacher;
- Deputy Head;
- H&S Committee - ***See Appendix 2***
- All Teaching staff;
- Director of Estates;
- Chair and Vice Chair of the Board of Trustees.

Potential incidents which could affect St John's College are considered to be:

- Serious injury within School;
- Serious injury on out of School visit;
- Death of a pupil or member of staff;
- Fire/flood;
- Health risk - *outbreak of contagious illness/disease like meningitis*;
- Major arson attack;
- Fatal road traffic accident;
- Natural disaster within the community;
- Consequences of terrorist or criminal activity;
- Air traffic emergency/crash.

Appendix 1 contains an emergency contacts list - this will be reviewed annually and updated, where necessary.

The School's reaction to a critical incident can be divided into the following categories:

1. Immediate action;
2. Short-term action;
3. Medium-term action;
4. Longer-term action.

IMMEDIATE ACTION - i.e. within hours of the incident occurring:

The Headteacher, or representative, obtains and collates information relating to the incident - uncertainty breeds rumour and accurate information is essential:

- 1. The Headteacher, or, in his absence, the Deputy Head, decides if the CIMT (Critical Incident Management Team) needs to be gathered together or contacted** - brief the team, allocate roles and responsibilities; the Headteacher will usually chair the CIMT, in close collaboration with the Chair of Trustees;
- 2. Trigger support from the appropriate people and other contacts on emergency list** - establish clearly who is going to contact whom;
- 3. Set up an incident management room and dedicated phone line** - to deal with calls from anxious parents etc. CIMT should agree a factual statement and avoid speculation;
- 4. Inform other School staff** - staff need to be cautioned about talking to the media or responding to questions from reporters. It is vital that all staff in contact with pupils are kept well informed and feel secure in handling comments or questions from pupils;
- 5. Contact families affected** - must be done quickly and with sensitivity. Consistency of information is vital. It may be appropriate for families to come to School and immediate emotional support could be a possibility;
- 6. Make arrangements to inform other parents** - may need to take advice from other services especially if there is the possibility of legal liability. CIMT may wish to send a letter to parents, or prepare a leaflet;
- 7. Inform pupils** - can be done in small or large groups depending on which is more appropriate. Care needs to be exercised to protect both children and adults closely involved in the incident. It is important that children receive a consistent account of the incident allowing for differences in their ability to understand;
- 8. Encourage people involved to talk** - the incident may need to be discussed before children go home for the day, for both pupils and adults;
- 9. Deal with the media** - most important to seek advice from other services before agreeing to speak to or be interviewed by the media. If this is not an option, then an agreed text for release should be prepared by the Headteacher and CIMT; the Headteacher will be briefed and prepared to respond on the School's behalf;
- 10. Devise a plan for handling the reactions and feelings of people affected** - the most common reactions will include denial, distress, guilt, anger and helplessness. CIMT need to consider outside professionals to support and debrief staff and pupils affected by the incident. Those providing support also need support. At this point the CIMT will need to plan their short-term reaction to the incident.

SHORT-TERM ACTION - the next stage:

- 1. Reunion of children with their families** - especially where the incident occurs outside the School. Mostly children will need to be brought home, but sometimes parents and families need to visit the scene of the incident to understand how to deal with repercussions in terms of children's fears, etc.
- 2. Managing staff** - support needs organising for all staff, preferably from within the School, but using outside agencies if appropriate. Staff monitoring should be a priority, even members of the CIMT. If a crisis persists over many hours, staff become tired, weary and upset and this affects their powers to make sensible decisions.
- 3. Encourage pupils to talk** - activate strategies for enabling young people to talk about the incident, and their feelings, using outside agencies if appropriate. Staff will need briefing about ways to help the children affected by the incident, and how to identify patterns of behaviour etc. This may have implications for the wider curriculum i.e. training in bereavement counselling for staff, provision of a range of books, PSHE discussions, etc.
- 4. Debriefing meeting** - it may be appropriate to hold a debriefing meeting for staff, children and parents to:

- i. clarify what has happened;
- ii. allow for sharing reactions;
- iii. reassure people that reactions are normal;
- iv. mobilise resources, e.g. parental support groups.

An experienced person, possibly someone from outside the School community, may be invited to lead this meeting.

5. **Formal and informal recognition of rituals** - it is important to remember to express sympathy to families of the hurt or bereaved. Visits to children/staff in hospital. Pupils may wish to send cards and letters. The School may also need to consider attendance at funerals, and/or the desirability of holding special assemblies or memorial services. Anniversaries are also key times when support and sensitivity are required.
6. **Re-establishing routines** - every attempt should be made to provide continuity for the children. The return to School of staff or pupils directly affected by the crisis will need to be managed carefully and with sensitivity, but the re-establishment of routine is an important stage in emotional recovery.

MEDIUM-TERM ACTION

1. **Return to School for staff or children after long absence** - reintegration will need to be planned carefully, and may involve home visits prior to return, part-time attendance initially, reducing workloads, putting in place mentoring process, etc.
2. **Consulting professionals** - consideration should be given to consulting the Educational Psychology Service for support and guidance, especially to help those showing unusual or prolonged reaction to the incident.
3. **Keeping parents informed** - it may be appropriate to produce a leaflet for parents giving guidance on the possible delayed reactions of children to an incident and making suggestions to help them deal with these.
4. **Support for staff** - on-going monitoring and support for staff is a major consideration. CIMT especially will not be immune to reaction from their ordeal.

LONG-TERM ACTION

1. **Monitoring the vulnerable** - the effects of a crisis can reverberate for years, and it is especially important that new staff and children are briefed in the School's history to help them understand and deal with potential repercussions especially at anniversary times.
2. **Marking anniversaries** - these difficult times need to be treated with sensitivity. Some suggestions for schools to mark anniversaries are by annual concerts, memorial services, memorial prize giving ceremonies, memorial gardens, etc.
3. **Legal processes** - the length of time taken over some legal processes can prolong the recovery process following a critical incident. CIMT may need to plan for this especially where staff may be involved in attending legal processes, and facing extended emotional trauma.
4. **Curriculum implications** - it may be appropriate to schedule INSET training for staff in loss counselling, bereavement, etc.

Linked Policies

The following policies may be relevant:

- Health and Safety Policy;
- Complaints Policy.

APPENDIX 1

CONTACT DETAILS OF LOCAL EMERGENCY SERVICES

- **EMERGENCY SERVICES:** 999
- **Non-Emergency:** *St Mellons Police Station* - 101
- **Utilities:** *Gas* - 0800 111 999 / *Electricity* - 08000 520 400 / *Water* - 08000 853 968
- **For Hazardous Chemicals:** (**WHO - World Health Organisation**) - 02920 416388
- **Fire:** *Cardiff Central Fire Station* - 01443 232000
- **Hospitals:** ***University Hospital of Wales, Cardiff*** - 02920 748047 (*Operator*)
 Royal Gwent, Newport - 01633 234234 (*Operator*)
- **Safeguarding:** 02920 536490 / **Out of hours *Emergency Duty Team*** - 02920 788570
- **SEN Department (*Cardiff County Council*):** 02920 872087
- **St David's Cathedral Cardiff:** 02920 231407
- **St Cadoc's Catholic Church:** 02920 778038
- **EWC (Educational Workforce Council):** 02920 460099
- **Coastguard:** *Cardiff Marine Office* - 02920 448800



Health & Safety Committee - 2023/24

Mr Andrew Johnson - *Director of Estates /
H&S Committee Co-ordinator*

Mr Bryn Evans - *Outdoor Education / Senior representative*

Mr Nick Cooper / Mrs Ellen John - *Sixth Form*

Mrs Meredyth Holland - *Health & Wellbeing Officer*

Mr Jonathan Williams - *Science representative*

Mr Jacques Tertois / Miss Rhiannon Thomas - *PE*

Mrs Emma Drain/Mrs Alison Banks - *Infant/Nursery School*

Mrs Laura Taylor - *Junior School*

Mrs Emma Jones - *Designated Safeguarding Lead (DSL)*

Miss Nikki Thomas - *HR Manager*

Mrs Rhian Bate - *Design Technology*



UBI AMOR, IBI OCVLUS

ST JOHN'S COLLEGE
Cardiff



Fire Marshalls - 2023/24

Mr Shaun Moody

Mr Andrew Johnson

Mr Robert Dennis

Mr Jacques Tertois

Mr Craig Williams

Mr John Morgan

Mr Jason Fowler

Mr Imre Kondora